

ONLINE SELF ASSESSMENT TOOLS

Myers-Briggs

- One of the most well-known assessments, the Myers-Briggs Type Indicator results in a four-letter “type”—INFP or ESFJ, for example.
- The test is meant to identify basic preferences for each of four dichotomies (such as introvert and extrovert) and describes 16 distinctive personality traits.
- You’ll have to pay \$50 to take the real test

Keirsey Temperament Sorter

- This personality assessment is based on Keirsey Temperament Theory, which divides people into four “temperaments:” guardian idealist, rational and artisan
- The assessment measures how people communicate and what their actions tend to be. The test is 71 questions long

MyPlan.com

- This assessment can help you identify your motivations and what’s really important to you in your career
- By ranking different aspects of work, the results can encourage you to look at jobs or industries you may not have considered before.
- You’ll walk away from this test with a list of 739 jobs rank-ordered based on how well they suit your style

Big Five

- Big Five personality assessments divide people into five personality traits: openness, conscientiousness, extraversion, agreeableness and neuroticism
- The assessment identifies a preference out of the five and can help you identify learning styles as well as work preferences

16personalities

- This personality assessment starts with Myers-Briggs dichotomies and adds archetypes from Jungian theory as well as some from the Big Five.
- At the end, you’ll be labeled with one of 16 personality types with cool names like “Mediator,” “Commander” and “Defender.” Most importantly, the test promises to take less than 12 minutes

iSeek “Clusters”

- This survey lets you rate activities you enjoy, your personal qualities and school subjects you like
- Then you can see which career clusters are a match for your interests

MyNextMove

- This tool determines your interests as they relate to work.
- Unlike the other tests, this one asks you how to rate how much you’d enjoy performing very specific work tasks like “buying and selling stocks and bonds.”

ROTMAN COMMERCE

MAPP Test

- The reason people take the MAPP is to find their way in life.
- It tells you what you love to do and what you don't love to do. It also uses the O*Net job list to identify which jobs might be good fits
- For free, you'll be matched with five potential careers

Holland Code

- This tool examines your suitability with different careers based on six occupational themes: Realistic, Investigative, Artistic, Social, Enterprising and Conventional
- The test identifies your top interest area and how it compares to the other areas, and what this means for your career interests

*Adapted from Monster.com 2016